



THE RANCH

FITNESS CENTER & SPA

Today, we are pleased to present delicious, fresh lunch choices for your enjoyment while you relax in the private and serene surroundings of The Ranch Spa.

Choose one item from the following made-fresh-daily selections:

1. Garden Salad with crispy greens, tomatoes, carrots, broccoli, celery and more with a dressing of your choice. Select large or small.
2. Garden Salad with a generous scoop of an incredible Cranberry Chicken Salad or Apple Tuna Salad. Select large or small.
3. Whole or Half Sandwich made with either Cranberry Chicken Salad, Apple Tuna Salad, old time Egg Salad or Hummus. Add lettuce and tomato. Served with chips.
4. Small Garden Salad with Half Sandwich
5. Small Garden Salad with Whole Sandwich

Bread Choices

Whole Wheat, Croissant, Spinach Wrap, Kaiser Roll

Salad Dressings

Homemade Miso Ginger, Ranch, Italian

Sid's
Coffee Shop
& Deli



236-5447

Your lunch is made from the freshest ingredients at Sid's Coffee Shop & Deli, located nearby in the Master the Possibilities Education Center.

*These fine businesses
welcome you to visit*

CIRCLE SQUARE
Commons 

Mr. B's Big Scoop



8399 SW 80th Street, Suite 16
(352) 237-4777

Monday, Closed

Tuesday, Wednesday & Thursday, 1 p.m. - 8 p.m.

Friday & Saturday, Open at 1 p.m.

Sunday, 1 p.m. - 8 p.m.

Sid's Coffee Shop & Deli



8415 SW 80th Street
(352) 236-5447

Monday - Saturday, 7:30 a.m. - 2:00 p.m.

Serving Breakfast & Lunch