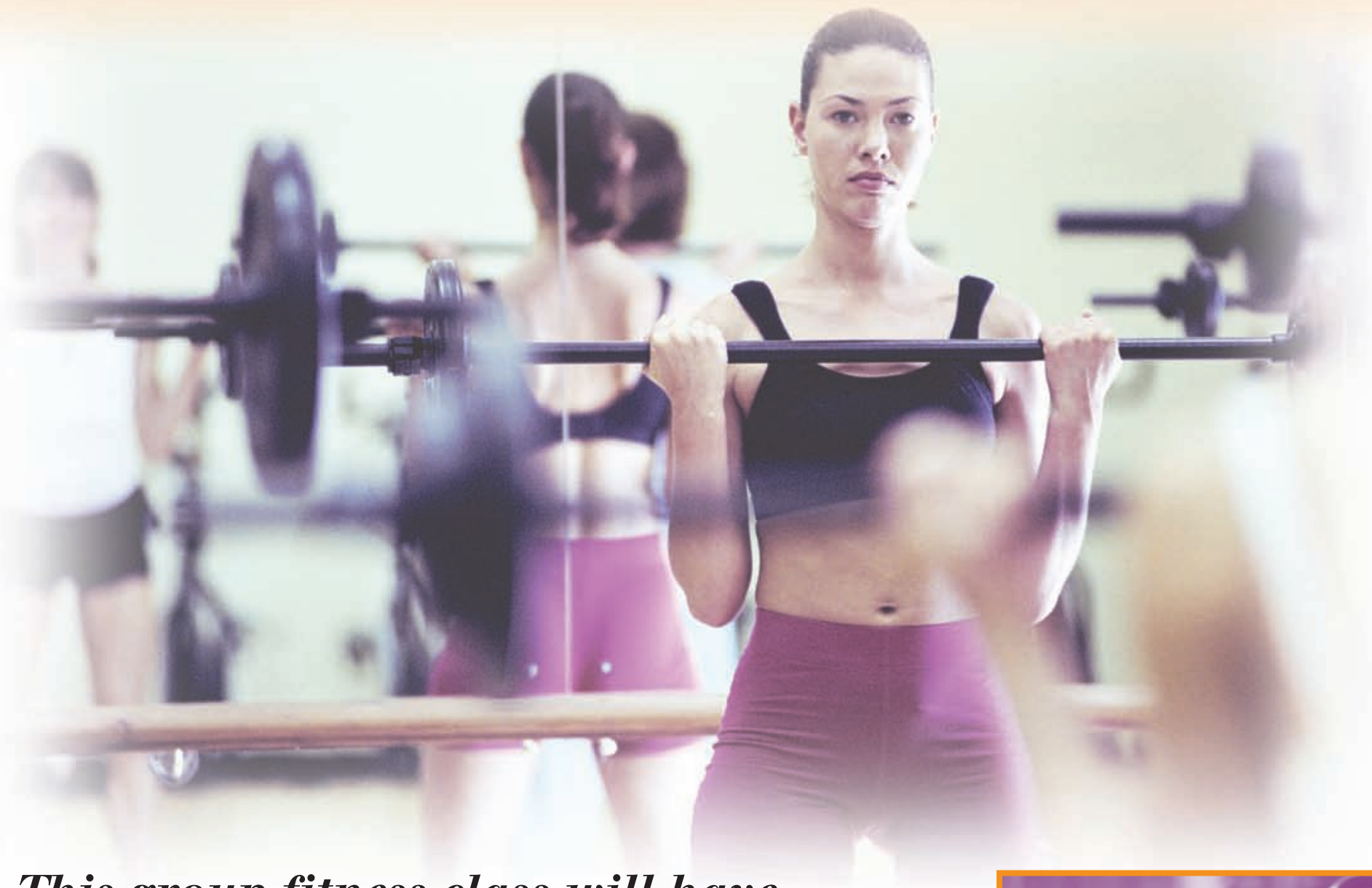


# 'Power Pump' Master Class

Saturday, May 2nd • 9am-10am



*This group fitness class will have you burning fat and building muscle faster than you thought possible.*



**Get the results you want  
and fast!**

  
**THE RANCH**  
FITNESS CENTER & SPA

Join the Ranch Fitness Center & Spa and get ONE MONTH FREE\*.  
Call for more information or a trial visit (352) 861-8180.

First month dues prorated and the second whole month is free. Memberships subject to initiation fees. Offer expires 5/31/09.